

Ms. Sze Man NG, Glenda



Ms. Sze Man NG, Glenda is an occupation therapist specialized in serving children and adolescences. She is also an Executive Committee member of the Hong Kong Occupational Therapy Association.

Glenda is experienced in working with children with special needs. She had worked in different institutes including early education and training centre, special child care centre, special school, mainstream school and international school. She is now actively taking part in social movements aiming at promoting wellbeing of children with special needs and improving education for these children.

Title

Child Development from the Sensory Integration View

Abstract

Sensory is one of the important elements in children's development. A lot of people especially the parents give a lot quality sensory stimulation to the young children to assist their developments. Very often these sensory stimulations are the external ones from the environment such as auditory and visual. However, in children's development, the internal sensory system also plays a much more significant role than we normally would have thought. These sensory systems include vestibular, proprioceptive and tactile. And the process of integrating these internal and external sensory stimulations is called Sensory Integration (SI). It appears in all the children's development.

A good sensory integration development can help the young children to develop the skills from the basic ones such as motor skills to the high function ones such as attention, memory and other cognitive skills. These skills will assist the child's to achieve a better life if it's developed properly. On the other hands, if it's not developing as it should be, it gives a hard time to the children and their family.

Some of the sensory such as vestibular and proprioceptive sense start to develop during the fetus stage. It means the sensory integration actually begins in the really early time even before the child is born, it's necessary for the people especially parents who work with the children to know better about SI. It helps them to facilitate children's development better and to notice the early signs of children's developmental problem in order to prevent any other bigger problems might appear.